

# COVID-19 TASK FORCE



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## COVID-19 FACT SHEET

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The purpose of this FACT SHEET is to provide some clarification and information regarding the Coronavirus 19 pandemic emergency. Please read the complete document, pass on the information to family and neighbors and stay tuned for updates we provide.

The Office of the Mayor, for the Village of Sherman, formed a local task force to address this emergency and provide valuable information to our residents, visitors and businesses. This Task Force consists of command staff from the Village Administrative Office, Sherman Police Department, Sherman Emergency Management and the Sherman Fire Protection District.

### Commonly Asked Questions

- **What is Corona Virus?** A novel coronavirus is a new coronavirus that has not been previously identified. The virus causing coronavirus disease 2019 (COVID-19), is not the same as the [coronaviruses that commonly circulate among humans](#) and cause mild illness, like the common cold. Patients with COVID-19 will be evaluated and cared for differently than patients with common coronavirus diagnosis.
- **How is it contracted?** Coronaviruses are generally thought to be spread from person-to-person through respiratory droplets. Currently there is no evidence to support transmission of COVID-19 associated with food. Before preparing or eating food it is important to always wash your hands with soap and water for 20 seconds for general food safety. Throughout the day wash your hands after blowing your nose, coughing or sneezing, or going to the bathroom.

It may be possible that a person can get COVID-19 by touching a surface or object that has the virus on it and then touching their own mouth, nose, or possibly their eyes, but this is not thought to be the main way the virus spreads.

In general, because of poor survivability of these coronaviruses on surfaces, there is likely very low risk of spread from food products or packaging that are shipped over a period of days or weeks at ambient, refrigerated, or frozen temperatures.

- **How serious is it?** This virus has been classified by the World Health Organization as a Pandemic and should be taken seriously by [all age](#) groups.
- **What are the symptoms?** Current symptoms reported for patients with COVID-19 have included mild to severe respiratory illness with fever<sup>1</sup>, cough, and difficulty breathing. Read about [COVID-19 Symptoms](#).
- **What should I do if I believe I have it?** If you are experiencing possible COVID-19 symptoms, please do not go to the emergency room or Prompt Care. First contact your primary care physician. If you do not have a physician, call the Sangamon County Department of Public Health hotline at 217-321-2606.
- **What steps can I take to reduce my exposure and exposure to others?** Presently it is recommended to minimize travel, reduce visiting other people, practice social distancing and keep good hygiene.
- **What is Quarantine?** Quarantine separates and restricts the movement of people who were exposed to a contagious disease to see if they become sick.
- **What is Isolation?** Isolation separates sick people with a contagious disease from people who are not sick.

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## Commonly Asked Questions Continued

- **What does Shelter-In-Place mean?** Normally, shelter-in-place means finding a safe location indoors and staying there until you are officially given an “all clear” or other instructions. You may be asked to shelter in place because of an active shooter; tornado; or another hazard. Shelter-in-place is also a means of isolating persons and implementing social distancing. This may help slow the spread of the virus.
- **What restrictions are in place by governments and authorities I should be aware?**
  - Mandated Closures - The Governor, on March 16<sup>th</sup>, issued [Executive Orders](#), of which one of them mandating the closure of restaurants and bars (drive-up, pick-up and curbside service permitted) and limiting public gatherings to no greater than 50.

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## DO THE FIVE *Help stop coronavirus!*

- ① **HANDS** Wash them often,
  - ② **ELBOW** Cough into it,
  - ③ **FACE** Don't touch it,
  - ④ **FEET** Stay more than 6ft apart (Practice Social Distancing),
  - ⑤ **FEEL** sick? Stay home!
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## Links to additional resources/information:

- **US Government** [www.coronavirus.gov](http://www.coronavirus.gov)
  - The President’s Coronavirus Guidelines for America (15 Days to Slow the Spread)
  - Resources for the community and latest updates
- **Sangamon County Department of Public Health** [www.scdph.org](http://www.scdph.org)
  - Executive Department (Governor) Order in Response to Covid-19, Joint Press Releases, COVID Frequently Asked Questions (FAQs) & recommendations.
- **Illinois Department of Public Health** [www.dph.illinois.gov](http://www.dph.illinois.gov)
  - Daily COVID-19 Press Conferences, Situation Update, FAQs & additional information
- **Centers for Disease Control and Prevention (CDC)** [www.cdc.gov](http://www.cdc.gov)
  - Learn more about COVID-19
- **Il Emerg. Mangmnt. Agency (IEMA)** <https://www2.illinois.gov/ready/Press/Pages/031320.aspx>
- **State of Il COVID-19 Response** <https://www2.illinois.gov/sites/coronavirus/Pages/default.aspx>
  - What Illinois is doing, Governor Executive Orders, FAQs, etc.
- **Village of Sherman** [www.shermanil.org](http://www.shermanil.org)
  - Village Fact Sheet on COVID-19 as well as status of local business and government operations within the Village.